

VIVEKANANDA COLLEGE
ALIPURDUAR

DATED : 09-04-2022

N O T I C E

This is to notify that a 15 days training camp on “ **Common Yoga Protocol** ” will be arranged by the College with effect from 12-04-2022.

Teaching and Non-teaching Staff are requested and the Students are directed to attend the above programme on 12-04-2022 at 12 noon in the virtual Class Room of the College.


(DR. GOBINDA RAJBANSHI)

VICE PRINCIPAL
Vice-Principal
Vivekananda College
P.O. & Dist. Alipurduar

International Yoga Day
Month wise programme schedule
Vivekananda College, Alipurduar
West Bengal-736121

Month of April:


A fifteen days training programme from 12/04/2022 to 29/04/2022 on **Common Yoga Protocol (CYP)** organized by Sujit Roy, Authorized Yoga Teacher.

Month of May:

- (i) A training competition on **CYP** will be held in the college premises on 12/05/2022
- (ii) An audio visual programme will be organized in the college campus, as per the instructions by Ministry of Ayush on 26/05/2022

Month of June:

- (i) A seminar will be conducted in the college regarding the benefits of Yoga in our daily life on association with Yoga instructor on 20/06/2022
- (ii) College staff and students will practice Yoga on **International Yoga Day** on 21/06/2022 at the college premises.


Vice Principal

Vivekananda College

Alipurduar